

CORONAVIRUS COVID-19

SAFETY INFORMATION AND CBC CAMPUS & RESIDENCE HALL POLICIES

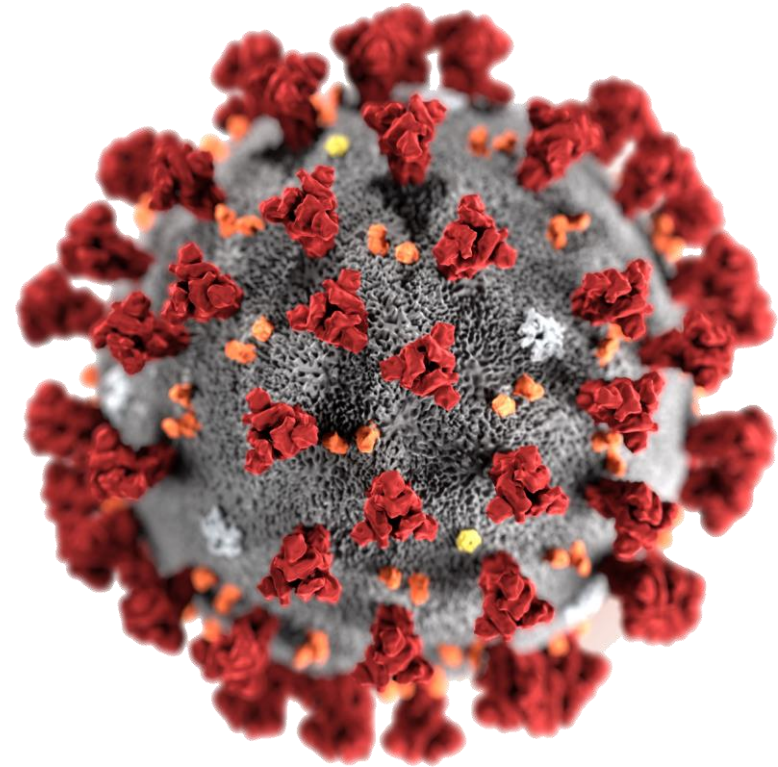
Information is based on current data regarding best practices shared by the Centers for Disease Control (CDC) as well as federal, state, and local public health officials.



WHAT IS COVID-19?

About COVID-19

- SARS-CoV-2 (or COVID-19) is an infectious disease that causes respiratory illness.
- Symptoms include cough, fever or chills, shortness of breath or difficulty breathing, muscle or body aches, sore throat, new loss of taste or smell, diarrhea, headache, fatigue, nausea or vomiting, and congestion or runny nose.
- Cases can be severe and cause death.
- The virus spreads through droplets released into the air when an infected person coughs or sneezes.
- Incubation period of COVID-19 is two weeks, meaning symptoms can show up within 14 days of exposure to the virus.



PREVENTING THE SPREAD

How does COVID-19 spread?

COVID-19 primarily spreads from person to person through small droplets from the nose or mouth, which are expelled when a person with COVID-19 coughs, sneezes, or speaks. These droplets are relatively heavy, do not travel far (about 6-feet) and quickly sink to the ground. People can catch COVID-19 if they breathe in these droplets from an infected person. These droplets can also land on objects and surfaces, which in turn can infect someone who touches infected areas and then touch their eyes, nose, or mouth.

It is possible for an infected person to not show symptoms of infection (be asymptomatic) and either not feel ill or just have a mild cough. Asymptomatic individuals can still spread the virus.

Prevention

- Wash your hands regularly with soap and water (for at least 20-seconds) or clean them with alcohol-based hand sanitizer.
- Maintain at least 6-foot distance between you and others.
- Avoid touching your face.
- Cover your mouth and nose when coughing or sneezing and/or wear a face mask.
- Stay home if you feel unwell.
- Refrain from smoking and other activities that weaken the lungs.
- Practice physical distancing by avoiding unnecessary travel and staying away from large groups of people.

CBC SAFETY MEASURES & POLICIES



Required Face Coverings

- All faculty, staff, students, and visitors are required to wear a face covering when on campus.
- Everyone will be responsible for wearing face coverings combined with social distancing and hand washing to help maintain a safe and healthy learning and work environment.
- Face coverings will be available for those who do not have their own.
- If you have a medical or disability-related reason why it is not appropriate for you to wear a face covering, contact your supervisor/instructor to document your situation and obtain an exemption.

CBC Safety Precautions

- All CBC campuses transitioned to remote operations in compliance with the statewide "Stay Home, Stay Healthy" order.
- Online learning will continue through the 2020-2021 academic year. Some classes/labs will continue to be taught on campus.
- CBC custodial staff have taken proactive measures to support a safe and sanitary campus with numerous hand sanitizing stations and increased disinfecting/sanitizing of areas on campus like the residence hall.
- Any visitor to campus must check-in at the HUB or CTE building to be screened and get their temperature checked by staff.

HOUSING COVID-19 POLICIES

Updated Policies

- Residents are expected to practice physical distancing (6-foot spacing) with non-roommates throughout the residence hall.
- All residents should wear face coverings when not in their rooms.
- Visitors in the building are prohibited. New residents may have temporary guests during their move-in to assist with their move. Curbside visits outside of the building are allowed.
- Recommended elevator occupancy of three people.

Move-In Policies

- Check-ins will be spread out to limit move-in traffic in and out of the building.
- New residents will be screened and get their temperature checked by staff prior to move-in.
- All temporary visitors assisting with new resident move-ins must follow all CBC policies, especially wearing face coverings and social distancing.
- New residents and/or their guests who are not feeling well will not be allowed into the building and must postpone their move-in date until after they have been cleared by the Student Housing Office.

COVID-19 TESTING LOCATIONS

Symptoms may appear 2-14 days after exposure. If you are experiencing COVID-19 symptoms, here are locations in the Tri-Cities where you can be tested. Results may take up to a week to be confirmed.

Pasco

- HAPO Center (6600 Burden Blvd)
Tues-Friday: 7am-3pm
- CBC West (3110 W. Argent Rd)
Thurs-Mon: 8:30am-4pm

Additional testing locations can be found at website below:

Community COVID-19 Drive-Through Testing

- FREE drive through testing at these locations. No appointment necessary.
- Bring your insurance card if you have one; you will not be denied testing if you don't have a card.
- Tests will be done on a first-come, first-served basis.
- Please note that the sites may stop taking vehicles at noon in order to limit wait times and have each day's tests packed and ready to ship before deadline.

TERMS RELATED TO CORONAVIRUS

- **Asymptomatic:** Showing no symptoms. Up to half people infected with the coronavirus have no COVID-19 symptoms. Some of these people might be “pre-symptomatic,” meaning that they don’t have symptoms now but might develop symptoms later.
- **Epidemic:** A sudden increase in the number of people catching a disease affecting a community like a town or city.
- **Incubation Period:** The time between when a person is infected and when they show symptoms. The incubation period for COVID-19 is 3-14 days, with an average of 5-6 days.
- **Outbreak:** An unusually high number of disease cases in a location, for instance, on a cruise ship or daycare.
- **Pandemic:** An infectious disease epidemic that spreads over several countries and continents, infecting large numbers of people.
- **Physical Distancing:** The practice of staying at least 6 feet away from others to avoid catching a disease such as COVID-19.
- **PPE (Personal Protective Equipment):** This refers to the masks, gowns, goggles, and other protective garments worn to prevent infection.
- **Social Distancing:** A term used to indicate the need to stay home and away from others as possible to help prevent spread of COVID-19. The practice encourages use of things such as online video and phone communication instead of in-person contact.

TERMS RELATED TO CORONAVIRUS

- **Quarantine:** Confinement period of an individual who appears healthy, but could have the disease. This practice is to ensure individuals are not infected before interacting with a larger population.
 - **Isolation:** Confinement period of an individual who is infected and needs to stay away from others to prevent spreading the infection.
 - **Morbidity Rate:** Measure of how many people have an illness relative to the population.
 - **Mortality Rate:** Measure of how many people have died because of an illness.
- **Flattening the Curve:** Reference to the rate at which people become infected. The goal is to avoid a sharp, concentrated uptick in cases that exceeds the capacity of the health care system, in favor of a lengthier outbreak that stay within the bounds of what the system can handle—resulting in fewer people getting sick and dying overall.
 - **Vaccine:** A weak version of the same virus that causes a disease—weak enough that it doesn't make the person sick, but potent enough that it stimulates the person's immune system to produce antibodies that can vanquish that disease.

RESOURCES FOR STUDENTS IMPACTED BY THE COVID-19 PANDEMIC

- ACADEMIC SUPPORT
- COUNSELING & ADVISING
- FINANCIAL SUPPORT
- FOOD & SUPPLIES



ACADEMIC SUPPORT

The majority of CBC courses will be offered online during this time. Academic resources and assistance are available for students through the Academic Success Center online tutoring and equipment is available for checkout through the CBC Library.

CBC ACADEMIC SUCCESS CENTER

- Website: <https://www.columbiabasin.edu/i-am/current-hawk/student-resources/academic-success-center/index.html>
- Email: acs@columbiabasin.edu
- Phone: (509) 542-4676

CBC Library

- Website: <https://www.columbiabasin.edu/i-am/current-hawk/library/index.html>
- Email: library@columbiabasin.edu
- Phone: (509) 542-4887

COUNSELING & ADVISING



You can connect with support staff and counselors during this difficult time at Hawk Central and the CBC Counseling & Advising Center.

CBC Hawk Central

- Website: <https://www.columbiabasin.edu/i-am/current-hawk/hawk-central/index.html>
- Email: hawkcentral@columbiabasin.edu
- Phone: (509) 542-4601

CBC Counseling & Advising

- Website: <https://www.columbiabasin.edu/i-am/current-hawk/counseling-advising/index.html>
- Email: counseling@columbiabasin.edu
- Phone: (509) 547-0511

FINANCIAL SUPPORT

- Several emergency relief funds have been made available for students through CBC, the State of Washington, and the Federal Government. Please visit/contact the resources here to find out what financial support programs you may qualify for during this difficult time.

CBC Foundation Scholarships and Student Emergency

- Website: <https://www.columbiabasin.edu/connect/foundation/foundation-scholarships/index.html>
- Email: foundation@columbiabasin.edu
- Phone: (509) 547-0511

Coronavirus Aid, Relief, and Economic Securities Act (CARES Act)

- Website: <https://www.columbiabasin.edu/public-info/covid-19/cares-act.html>
- Email: cbccares@columbiabasin.edu
- Phone: (509) 542-4601

Department of Commerce - Eviction Rent Assistance Program (ERAP)

- Website: <https://www.commerce.wa.gov/serving-communities/homelessness/>
- For more information, contact Tedd Kelleher at tedd.Kelleher@commerce.wa.gov

FOOD & SUPPLIES

Food and supplies are available at these locations. The CBC Food Pantry will deliver to the residence hall with a curbside pickup if you contact them to coordinate a time and date that you are available to meet with them outside of the residence hall.

CBC Food Pantry

- Location: Lower HUB
- Hours: 10am-noon (Monday & Wednesday) & 2-4pm (Tuesday & Thursday)
- Email: cbcfoodpantry@columbiabasin.edu
- Phone: (509) 542-4630

2nd Harvest

- Location: 5825 Burlington Loop, Pasco, WA 99301
- Email: info@2-harvest.org
- Phone: (509) 534-6678
- Website: <https://2-harvest.org/covid-19-how-to-help/>

Sunhawk Hall Front Desk

Limited supplies of hand sanitizer and face masks available at Front Desk when open. For additional information, contact housing@columbiabasin.edu.